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A quote from Pope Francis:

"How often we say: 'I must change, I can't go on like this.' My life, on this path, will not bear fruit, it will be a useless life and I will not be happy'. How often these thoughts come to us. And Jesus by our side, with His hand outstretched, says to us, 'Come, come to me. I will do the work: I will change your heart, I will change your life, I will make you happy.' Jesus is with us and invites us to change our life. It is He, with the Holy Spirit, Who sows in us this restlessness, to change our life and to become a little better."

-- General audience, June 18, 2016

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