#### **Spirituality**



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by NCR Staff

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This weekend marks the holiest days in the Catholic calendar: the triduum of Holy Thursday, Good Friday and Holy Saturday, followed by Easter Sunday.

### On the show today:

- NCR columnist Melissa Musick Nussbaum
- Anna Keating, co-author with Melissa of <u>The Catholic Catalogue: A Field Guide</u> <u>to the Daily Acts That Make Up a Catholic Life</u>

## Background reading:

- *The Catholic Catalogue* offers ways to make life a little bit holier, says an <u>NCR</u> <u>book review</u>.
- Another perspective: <u>Holy Week with a toddler and a newborn</u>
- From the archives: Fr. Tom Reese on how to cope with Holy Week when you feel less than inspired.

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