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A man walks in a garbage dump in Kisumu, Kenya, April 18, 2017. (CNS/Reuters/Baz Ratner)

by NCR Staff

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For Catholics seeking to reduce their own consumption of plastics, the parish often provides a first area. Hospitality gatherings after Mass and other social events offer a chance to not only recognize how much waste a community regularly produces, but also an opportunity to do something about it.

NCR staff writer Brian Roewe's three-part series "Reducing Waste" looks at the challenge posed by plastic pollution — the theme of Earth Day 2018 — and how Catholic parishes and communities are taking steps to reduce the waste and change lifestyles.

On the show today:

- [Brian Roewe](#), editor of Eco Catholic and NCR staff writer

Background Reading:

- [The challenge of reducing waste](#) has been one taken up by many parishes for years, now in the spotlight with a 2018 Earth Day theme to end plastic pollution.
- In the second article in "Reducing Waste," [Catholic parishes and hospitals share results](#) from their efforts to reduce and recycle.
- Part three of "Reducing Waste" focuses on [parish change beginning with awareness, bins and reminders](#).
- You can download a free PDF copy of the "Reducing Waste" series by [signing up for NCR news emails](#).

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This story appears in the **Reducing waste** feature series. [View the full series](#).