

[News](#)

[Explainer](#)



Border Patrol Chaplaincy program manager Spencer Hatch teaches during the Border Patrol Chaplain Academy class, Wednesday, Nov. 20, 2024, in Dania Beach, Fla. (AP/Marta Lavandier)

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Border Patrol agents are tasked with enforcing [hotly contested immigration policies](#) as many Americans at both ends of the political spectrum look askance at the border â?? and the agents.

That's taking a mounting toll, so the agency is training more among its ranks to become chaplains and provide spiritual care for their fellow agents on and off the job.

â??Thatâ??s a really hard thing to deal with, as things tend to flip from one side to the other, and weâ??re still in the crossfire,â?? said Border Patrol assistant chief and chaplaincy program manager Spencer Hatch.

Who's a Border Patrol chaplain?

Unlike in the military or law enforcement, Border Patrol chaplains are usually lay agents endorsed by their faith denominations who are trained by the agency to become chaplains through a 2.5-week academy.

Their numbers have grown to about 240 from 130 four years ago. Three times a year, an academy is held at a different Border Patrol station. About a dozen Border Patrol personnel, plus a few Fish and Wildlife Service and Bureau of Land Management officers, graduated from the most recent academy, held near Miami earlier this month.

The program, and a nonreligious, mental-health focused peer support program, were started by grassroots efforts in the 1990s. Chaplains stay in their regular jobs, but are on call to assist.

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What do agents wrestle with?

Border Patrol agents say they're motivated by the desire to protect U.S. borders from security threats, including the [powerful cartels that control](#) much of the border dynamics. They also often rescue [migrants lost and dying](#) in the harsh deserts that

line the southern U.S. border.

But many agents feel the American public sees them as obstacles to migrants seeking a better life in the United States. They often tell their children to say their parent does "government work" for fear of reprisals, especially in the border communities where they live.

That dissonance between upholding a duty they feel proud of, and getting called "terrible names" for it, adds an emotional toll to the already dangerous, often isolating work the agents do.

That's where the chaplains come in "to help their fellow 20,000 agents cope and prevent the trauma from degenerating into family crises, addiction or even suicide.

What do Border Patrol chaplains do?

While most chaplains are Christian, with a smattering of Muslim and Jewish agents, they don't offer faith-specific worship and only bring up religion if the person they're helping does first.

Rather, they are a comforting presence during critical moments like assisting a suicidal colleague, notifying a family their loved one was killed on the job, and counseling those dealing with addiction, survivor guilt and other traumas.

Those are the scenarios that chaplains-in-training practice role-playing at the academy. They also learn about communication and family dynamics, because constant redeployments "some up to 9 times over 18 months during [the record border crossings](#) early in the Biden administration" affect their families too.

Hatch teaches about the need to maintain both the "hypervigilance" of law enforcement and the humanitarian instinct to empathize with fellow agents as well as migrants.

Many agents say they are especially affected by the plight of migrant children at the hands of smugglers.

"One tries to give them support within the limits of what your work allows. I always have the biggest smile," said a newly minted chaplain, Yaira Santiago, a former schoolteacher who runs a Border Patrol migrant processing center in Southern California.

By relying on their faith, their commitment to help their colleagues, and their training, chaplains can make a difference.

"Even in moments of uncertainty, your presence is often enough," said Matt Kiniery, an agent in El Paso, Texas, for 15 years and a graduate of the latest chaplain academy.

This story appears in the **Immigration and the Church** feature series. [View the full series.](#)